

# Serotonin Blood Test

Most laboratory tests require no special preparation on the part of the patient. There are some, however, that do.

What do I need to do before the Serotonin Blood Test?

## **Before the test**

For three days prior to collection, avoid

- tobacco
- tea
- coffee
- tomatoes
- plums
- avocado
- bananas
- walnuts
- pineapple
- eggplant

For additional health information  
contact the Health Information Center at (918) 494-1080