

# Maternal Glucose Screen

Most laboratory tests require no special preparation on the part of the patient. There are some, however, that do.

What do I need to know about the Maternal Glucose Screen?

**You do not need to be fasting.**

- You will be asked to drink 50g of Glucola, an orange-flavored drink, within 5 minutes.
- A blood specimen will be collected 1 hour after you have ingested the Glucola.

For additional health information  
contact the Health Information Center at (918) 494-1080