

Catecholamines Serum and Urine Test

Most laboratory tests require no special preparation on the part of the patient. There are some, however, that do.

What do I need to know about the Catecholamines-Serum an Urine Test?

For three days before and throughout the urine collection test, avoid alcohol, coffee, tea, tobacco, and strenuous exercise.

The same restrictions apply to the serum test with the addition of no food or drink, except water, after midnight prior to blood test.

This urine test requires a 24-hour collection.

You have been issued a container (a jug) for your timed urine collection. This jug may contain acid, a preservative, or nothing depending on the test ordered.

What do I need to do for the 24-hour urine collection?

- At the start of the urine collection period (generally the first urine in the morning), empty your bladder and discard this urine.
- Note the time.
- From this point on, put all urine in the jug provided until the end of the ordered time period. Store the jug in the refrigerator to prevent bacterial growth.
- At the end of the time period, empty your bladder and add the urine to the jug to complete the 24-hour urine collection test.
- Note the time.
- Make sure the jug is labeled with the correct identification information.
- Bring the jug and the request form to the lab as soon as possible.
- If your doctor ordered a Creatinine Clearance test for you, we much collect a blood sample when you return your urine specimen.
- It is vital that the lab knows the exact collection time period, e.g. 12 hours or 24 hours.

For additional health information
contact the Health Information Center at (918) 494-1080