

24-Hour Urine Collections

What do I need to know about the lab test my doctor ordered?

Most lab tests require no special preparation on the part of the patient. There are some, however, that do.

You have been given a container (a jug) for your timed urine collection. This jug may contain acid, a preservative, or nothing depending on the test ordered.

If your doctor ordered a Creatinine Clearance test for you, we must collect a blood sample when you return your urine specimen.

What do I need to do for my 24-hour urine collections?

- At the start of the urine collection period (generally the first urine in the morning), empty your bladder and discard this urine.
- Note the time.
- From this point on, put all urine in the jug provided until the end of the ordered time period. Store the jug in the refrigerator to prevent bacterial growth.
- At the end of the time period, empty your bladder and add the urine to the jug to complete the 24-hour urine collection test.
- Note the time.
- Make sure the jug is labeled with the correct identification information.
- Bring the jug and the request form to the lab as soon as possible.
- It is vital that the lab knows the exact collection time period, e.g. 12 hours or 24 hours.

For additional health information
contact the Health Information Center at (918) 494-1080